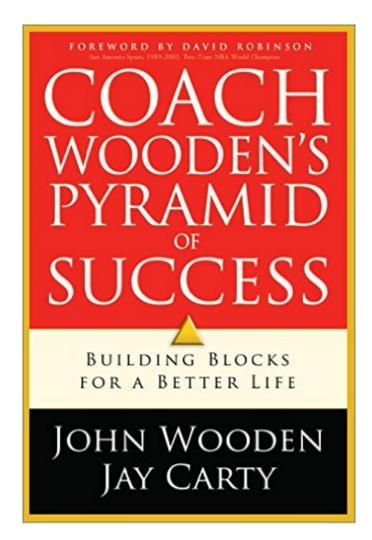
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# **Coach Wooden's Pyramid Of Success**





# Synopsis

Legendary college basketball coach John Wooden and Jay Carty know that when it comes down to it, success is an equal opportunity player. Anyone can create it in his or her career, family, and beyond. Based on John Wooden's own method to victory, Coach Wooden's Pyramid of Success reveals that success is built block by block, where each block is a crucial principle contributing to lifelong achievement in every area of life. Each of these 32 daily readings takes an in-depth look at a single block of the pyramid, which when combined with the other blocks forms the structure of the pyramid of success. Join John Wooden and Jay Carty to discover the building blocks and key values--from confidence to faith--that have brought Coach to the pinnacle of success as a leader, a teacher, and a follower of God.

### **Book Information**

Paperback: 160 pages Publisher: Revell (August 14, 2009) Language: English ISBN-10: 0800726251 ISBN-13: 978-0800726256 Product Dimensions: 5.9 x 0.4 x 8.9 inches Shipping Weight: 6.9 ounces (View shipping rates and policies) Average Customer Review: 4.2 out of 5 stars Â See all reviews (115 customer reviews) Best Sellers Rank: #29,182 in Books (See Top 100 in Books) #38 in Books > Sports & Outdoors > Miscellaneous > Sports Psychology #128 in Books > Biographies & Memoirs > Sports & Outdoors #234 in Books > Christian Books & Bibles > Christian Living > Self Help

## **Customer Reviews**

With the assistance of co-author Jay Carty, 94-year-old John Wooden (one of the most successful college basketball coaches of all time including 10 NCAA national championships in 12 years; an 88-game winning streak, and 4 perfect seasons.) provides a personal, in-depth look at the methods he used to achieve victory on and off the basketball court and which he imparted to generation of his students and players in Coach Wooden's Pyramid Of Success: Building Blocks For A Better Life. Coach Wooden demonstrates how success is built block by block in his "pyramid" where each block is a crucial principle contributing to life-long achievement in every area of life. Such key values as honesty, hard work, and respect for others make up life's "pyramid of success". Coach Wooden's determining factor of success is not in winning or in achievements, but rather is to be found in

"self-satisfaction achieved when you know that you did your best to become the best that you are capable of becoming." If you only have time for one book on self-improvement, self-realization, then make it Coach Wooden's Pyramid Of Success!

I am a long-time fan and admirer of the late, legendary Coach John Wooden, and his famous Pyramid of Success. I read this book wanting to learn more about both the man and the Pyramid. The book did teach me about both, but my education was a bit diluted by the execution of the authors' best intentions. The book was logically organized around the Pyramid's fifteen building blocks and its ten mortar qualities (the mortar that holds the building blocks together). A four-page chapter was dedicated to each of the building blocks and mortar gualities. Each chapter had three parts: Coach's experienced thoughts; Jay Carty's biblical perspectives; and then Bible readings, probing questions, a commitment statement, and a concluding prayer to help readers apply the chapter's principles to their lives. Coach Wooden was a very spiritual man, and he helped inspire my own budding spirituality. In this book, I expected to read about how his spirituality influenced his Pyramid. However, the book was much more Bible-focused than I expected. I found too many Bible passages too long (I printed all the cited passages in seventy-three pages!) and disconnected from their chapter topic. Fewer, shorter, and more focused/more easily understood Bible passages would have been much more effective in complementing the authors' preceding insights. I am sure many people will find the book's content properly balanced, and appropriate for their expectations. As much as it pains me to say something less than stellar about Coach Wooden's work, I was disappointed with this book. Overall, I would still recommend it for anyone wanting deeper insights into Coach Wooden and his Pyramid of Success.

Another great book by "The Coach". Coach Wooden does an excellent job of explaining his success, while teaching others that we can succeed as well. The book is a great read. It is divided into the blocks of the pyramid and the motar sections. I am reading one block each night to my kids! A great book for anyone at any age. Would make a great graduation gift!

I first heard of this book from a trainer in Mexico. It did not take me more than 30 minutes into reading to understand how valuable this book is towards self-development. It is easy to read and it's very convincing how each element in his building blocks have a directly impact on our lives. I use it to train adults and children with a slightly different approach but always giving credit to John Wooden and his book.For those who are Christians, there is a segment at the end of each block

with verses from the Bible for them to meditate on. I, personally, find it very useful. For those who are not Christians, they can simply ignore it as every element towards achieving success has a very logical rationale to it and it's spiritual beliefs is largely similar in other religions. It's an excellent way to keep ourselves on track in everything that we do.

"Coach Wooden's Pyramid of Success" consists of 3 main areas:1. Introduction to Coach Wooden and his concept of using a pyramid to teach success.2. 15 chapters on "Building Blocks" that includes such traits as: planning, self-control, alertness, and loyalty.3. 10 more chapters on "Mortar Qualities" such as ambition, sincerity, and honesty.At the end of the book, Wooden and Carty take these qualities and show how they help form the "apex" of the pyramid. In each chapter ending there is a mention of a particular Bible verse that could apply to the described trait.Read, enjoy, and be challenged by one of the greatest coaches in all of sports history!Highly recomended.

Coach John Wooden was legendary for his success in coaching UCLA basketball teams which won 7 consecutive NCAA titles and a total of 10, as well as winning 88 straight games. But people off the court have also recognized him as a great teacher. His "Pyramid for Success" is a widely used motivational, self-help method/book, and it is filled with useful life information. His definition of success, for example, is very useful for those distracted by more worldly and more selfish measures of success. For Wooden, success is "a peace of mind that is the direct result of self-satisfaction in knowing you did your best to become the best that you are capable of becoming." Anyone who reads this book will not fail to come away with some important lessons in life. I also like the way that Jay Carty has taken Wooden's principles and then applied them to the life of Christians from the Bible: what a wonderful enhancement to Wooden's work! I do, however, have 2 criticisms of the book. First, I'm not convinced that all of the 15 "building blocks" and 10 "mortar gualities" necessarily build on each other the way the book implies. They seem more like disjointed points which, though excellent, don't add up to a coherent vision to understand and live life. My second criticism is that by building a devotional book on top of Wooden's pyramid, one comes away sometimes with the idea that one is building up oneself in terms of faith or salvation. Wooden's advice is based on human experience and endeavor and doesn't begin with the gospel of grace. For this reason, the devotional part of the book, while very useful in some ways, is insufficient and even misleading.

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